

## What our patients have to say about Cerezen<sup>™</sup> Treatment

“Despite feeling a bit nervous as I never had any treatment involving my ears before, I was surprised by how quick and painless the whole process was. I have discovered that while I am wearing my devices that the only time that I am aware of them is when I am clenching my teeth which in turn stops me from doing this in a conscious way. I have noticed that my headaches have improved greatly. I also think my neck is a little better but still having shoulder pain but I have to say I do feel that I am sleeping better and not waking up as tired as I used to all in all a very positive start.”

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“No problem at all since wearing the devices. Headaches have gone and I feel overall much better.”

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“The greatest benefit I have achieved is that I can eat what I used to eat before my jaw pain; I have sound sleep and can concentrate on my work and have a balanced focused life. I would like to thank from bottom of my heart the person who invented this wonderful treatment. God bless him as he has saved my life and given me chance to enjoy it pain free.”

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“Since wearing the Cerezen devices, I have no pain at all, and they are so comfortable that I forget to take them out. Very pleased.”

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“The grinding has been reduced. Cerezen has been a major positive in my life. It is a simple device that is not troubling but is helping instead. I would put a high value on the device.”

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“I only wear the Cerezen device at night for 8 hours. It is positive with no negatives. It is also value for money.”

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“Cerezen is the only treatment that has worked in 9 years! 9 years of headaches have finally gone. Doctors sent me for MRI and CT scans and ended up thinking I was making it up! Happy not to have to use paracetamol every day!”

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“Since wearing the devices and getting used to them within 3 days, all my pains have disappeared. I am no longer taking any medication and do not go to the chiropractor so often. I wear the devices 16 to 20 hours a day.”

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“After 1 month, I felt significant relief from discomfort from tension headaches, pain, opening and chewing has improved greatly over the following 3 months.”

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“After wearing the Cerezen devices for only 2 days, I am pain free and they are so comfortable that I forget about taking them out. Very happy.”

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“Very discreet. Much more user-friendly than bite splints. Can eat more foods with Cerezen.”

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“Since wearing the Cerezen devices, I have completely stopped grinding and my girlfriend is very happy as she no longer has to put up with the grinding noise at night.”

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“I used to have pain on the Masseter region which seemed to worsen if I forgot to wear my Cerezen devices. The devices have helped me forget the jaw pain I used to have.”

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“I have used it all the time from the start and it has had a very positive impact on my life. I value the Cerezen devices a lot.”

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“I am overwhelmed with my devices, for a long time now I have suffered facial pain and headaches due to my aggressive gnawing day & night. This has caused myself to suffer anxiety & depression, being aware of my constant gnawing in the day I rarely went out of the house. Having had my devices for 2 weeks now I have seen a huge reduction in my gnawing, I am still doing it but no way near as aggressively as before, I don't have any facial pain anymore and have not had any headaches. In turn due to the reduction in pain & gnawing my teeth I have felt my confidence return, I feel brighter and have even started venturing out of the house more. I know it is earlier days but so far I feel very happy.”

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“The facial pain was less noticeable within 1 week. After 6 weeks I can now touch and prod my facial muscles without discomfort, which would have been painful for me to do before using the devices. Over the last two weeks that pain began to reduce significantly and it has now virtually stopped; although I am still feeling some sensitivity if I chew on that side. I am not taking any pain relief at all now though. I think I have been grinding those teeth much more than other areas of my mouth and my conclusion is that I am now grinding them much less since wearing the devices for those symptoms to have reduced this much. Finally, I am extremely pleased with the results and very grateful, thanks.”