

# Randomized, controlled trial of a vascular therapy for early Alzheimer's disease

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# Causes of Alzheimer's Disease (AD)

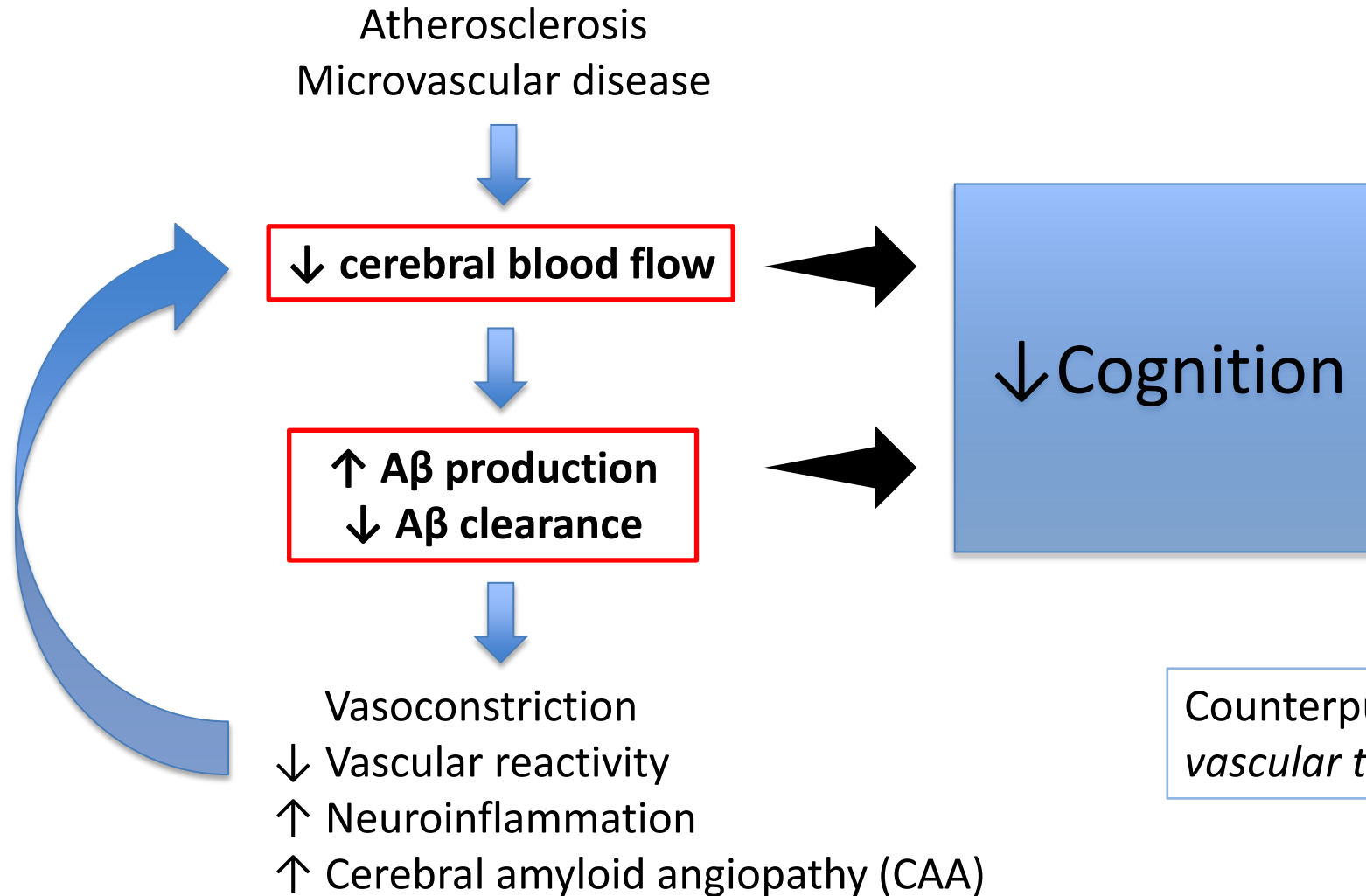
## **Amyloid hypothesis**

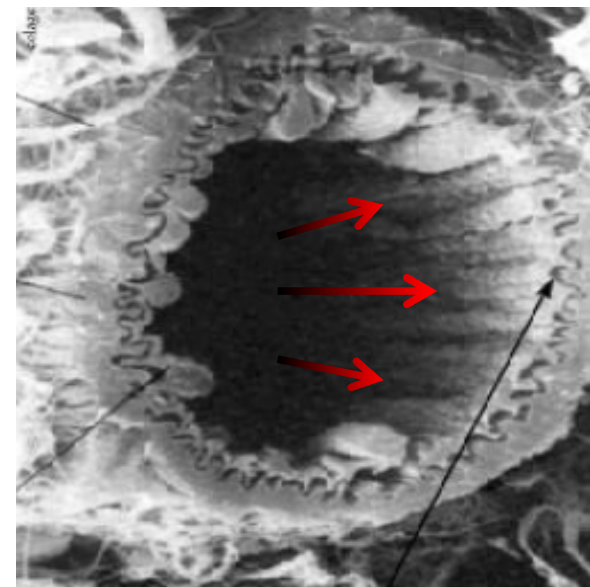
- A $\beta$  plaques and tau neurofibrillary tangles are the pathologic definition of AD.
- Plaques and tangles lead to a cascade of functional and anatomic abnormalities.
- Although A $\beta$  plaques are characteristic of AD
  - Many individuals with amyloid build-up never develop dementia.
  - Clearing A $\beta$  plaques slows but does not halt or reverse progression.

## **Vascular hypothesis**

- >80% of AD patients have buildup of cholesterol plaque in brain arteries (atherosclerotic cerebrovascular disease).
- Up to 90% of AD patients have A $\beta$  accumulations in arteries of the brain (CAA).
- All Alzheimer's patients:
  - Reduced brain blood flow (years before A $\beta$  buildup)
  - Small-vessel disease

# The Two-Hit Hypothesis





Adapted from Alberts et al. 1995

Rapid back & forth movement of blood

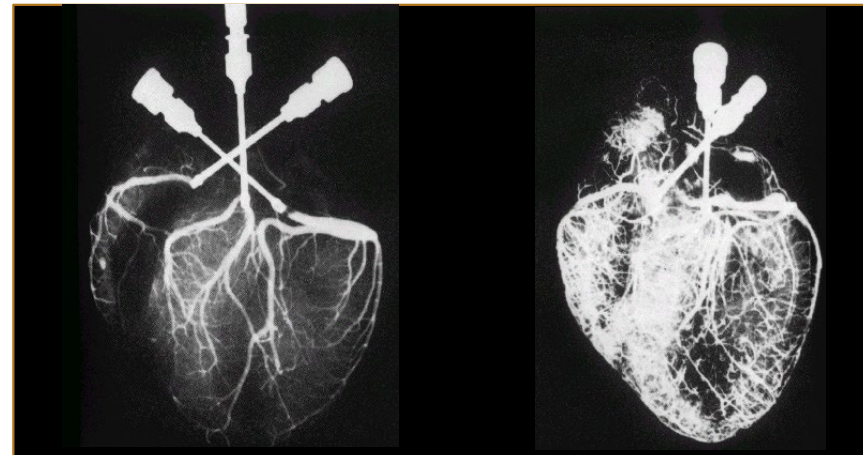
- Tugs on arterial lining (mechanoreceptors)
- Triggers a cascade of changes like those seen with intense exercise.

# Counterpulsation is a powerful vascular therapy



Changes similar to those of intense exercise:

- ↑ Increased Nitric Oxide production
- ↓ Vascular inflammation
- ↑ Arterial flexibility (compliance)
- ↑ Vascular reactivity
- ↑ Vascular Collateralization



Canine  
Heart

No counterpulsation      Counterpulsation

Jacobey et al. AJC 11(2):218

# Randomized, Controlled Trial NCP-5-1001

## 190 patients

- Mild Cognitive Impairment due to Alzheimer's Disease (n=137)
- Mild Alzheimer's Disease (n=53)
- 70% of patients referred to the study met criteria for inclusion

## True placebo not possible, so subjects were randomized to either:

- Low-pressure Treatment (25-50 mmHg) a.k.a. **"Sham"**
- Full-pressure Treatment (150-300 mmHg, based on patient comfort) a.k.a. **Cerezen**

## Treatment:

- 1-hour treatments
- 3-5x weekly for 35 treatments then 2x per week out to 6 months.
- After 6 months (24 weeks), no further treatments.

# Randomized, Controlled Trial NCP-5-1001

## Evaluations:

- 6, 12, 18 weeks, 6 and 9 months, and 1 year

## Outcomes:

- ADAS-cog 14 – Alzheimer’s Disease Assessment Scale
  - VADAS-cog – Vascular Dementia Assessment Scale
  - ADCS-ADL – Activities of Daily Living ← Independent functioning
  - ADCS-CGIC – Clinician’s Global Assessment of Change
  - MMSE – Mini-mental Status Exam
  - Trail Making Test B
- } Memory, reasoning, cognition



## Randomized, Controlled Trial run across 10 sites - 2018 through 2021

|  |                 |
|--|-----------------|
| University of Kansas Medical Center      | Kansas City     |
| Irvine Clinical Research                 | Irvine, CA      |
| iResearch Savannah                       | Savannah, GA    |
| Neuro-Behavioral Clinical Research, Inc. | Canton, OH      |
| Northwest Clinical Research Center       | Bellevue, WA    |
| Cardiovascular Advantages LLC            | Baton Rouge, LA |
| Xenoscience                              | Phoenix, AZ     |
| Miami Dade Medical Research Institute    | Miami, FL       |
| iResearch Atlanta, LLC                   | Decatur, GA     |
| Charter Research                         | Lady Lake, FL   |

## Among most diverse demographics of any AD therapy trial to date

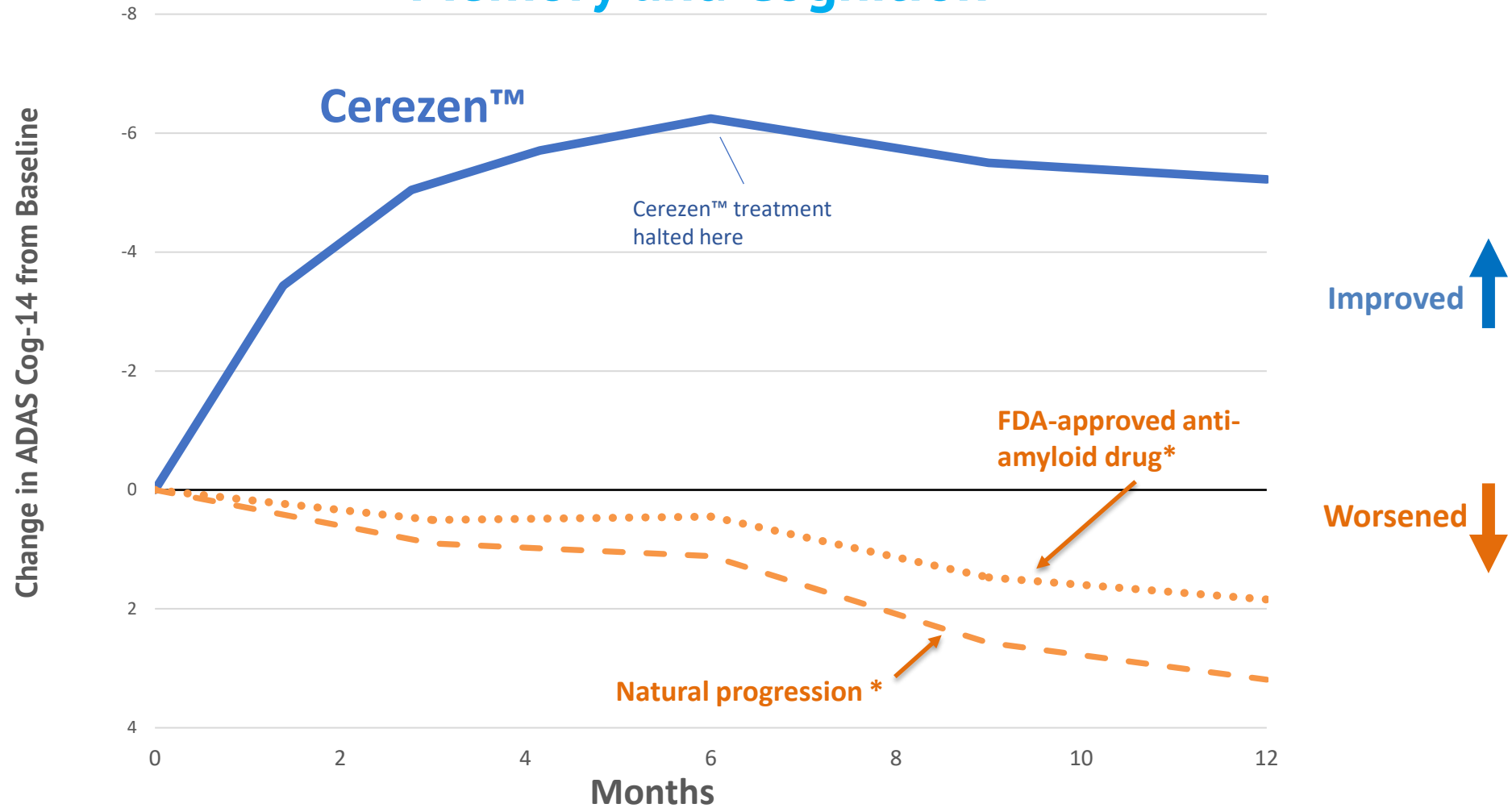
- 14% African American
- 19% Hispanic
- 4% Asian
- 61% Women

(Note U.S. population: 51% women, 12 % African American, 18.7% Hispanic)

**Results met ALL primary endpoints and most secondary endpoints**



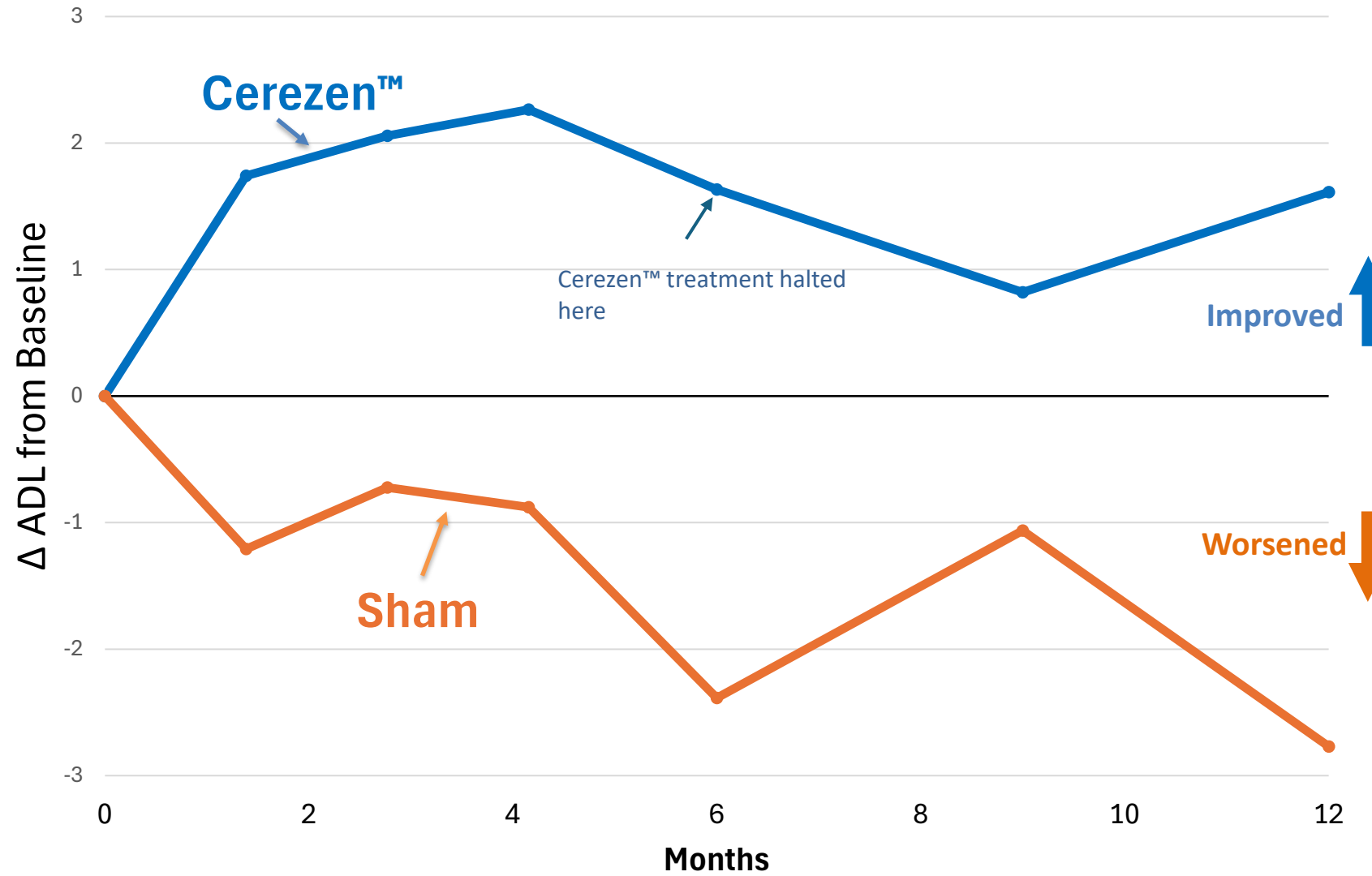
# Memory and Cognition



\* Adapted from New England Journal of Medicine. 2023;388(1):9-21.

Moriarty PM, et al: Arteriosclerosis, Thrombosis, and Vascular Biology. 2022;42(Suppl\_1):A483-A483

# Functional Independence (ADL)



Moriarty PM, et al: Arteriosclerosis, Thrombosis, and Vascular Biology. 2022;42(Suppl\_1):A483-A483

**Cerezen™ treatment had particularly beneficial effects<sup>†</sup> on those patients (39/190) who had co-existing type II diabetes.**

Alzheimer's pathology related to that of diabetes:

- ↓ Vascular insulin receptors \*
- ↓ Vasoreactivity to local need \*
- ↓ Arteriolar / capillary density \*
- ↑ Vascular inflammation \*

\* Factors known to benefit systemically from counterpulsation

<sup>†</sup>Moriarty PM, et al: Neurology. 2022;98 (18\_supplement):3139

## Adverse events

- No serious device-related adverse events were seen.
- 16.3% of patients had skin chaffing or bruising, none of which required discontinuation of treatment.
  - Generally eliminated with cuff or clothing adjustments.

## Study conclusions

- Cerezen™ treatment was well-tolerated with no serious adverse events.
- The majority of patients *improved* over their own baseline.
- At one year, most patients were still improved in *both* cognition and independent function.
- Cerezen™ is an effective and low-risk treatment for early Alzheimer's disease

# Cerezen™ is certified under the EU MDR

## Indication

*Cerezen™ is indicated for the treatment of mild cognitive impairment due to Alzheimer's disease or mild Alzheimer's disease.*

## Intended Use

Cerezen™ is intended for use as a component in the overall management of symptoms of cognitive and/or functional impairment experienced by patients with mild cognitive impairment due to Alzheimer's disease or mild Alzheimer's disease. It is intended for use under the oversight of a healthcare professional.

## Intended Patient Population

Cerezen™ is intended for use in adults suffering from mild cognitive impairment due to Alzheimer's disease or mild Alzheimer's disease.

*Cerezen is CE-marked in the European Union. It is not cleared by the U.S. Food and Drug Administration and is not available for sale in the United States.*